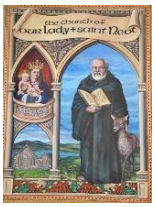
PARISH OF OUR LADY OF THE ANGELS SALTASH

Our Lady & St Neot Liskeard, Joan of Arc Torpoint,
Our Lady of Light Sclerder Abbey.



SUNDAY 5TH JULY 2026 — FOURTEENTH WEEK OF ORDINARY TIME
READINGS CYCLE A — PSALTER WEEK 2

Saturday 4th July *Vigil - SS Peter and Paul - Apostles*	4.30pm 6.30pm	Celebrants Intention Daniel Casson (RIP)	Torpoint Saltash
Sunday 5th July *Fourteenth Sunday of Ordinary Time*	9.00am 11.00am	Celebrants Intention Celebrants Intention	Sclerder Liskeard Live Streamed
Monday 6th July	*****	*****	*****
Tuesday 7th July	*****	*****	*****
Wednesday 8th July	11.00am	Celebrants Intention	Sclerder
Thursday 9th July	10.00am 11.15am	Celebrants Intention The Legion of Mary	Saltash Saltash
Friday 10th July *St Thomas - Apostle*	9.30am 10.00am	Adoration And Silent Prayer Celebrants Intention	Liskeard Liskeard
Saturday 11th July *St Benedict – Patron Of Europe*	4.30pm 6.30pm	Celebrants Intention Celebrants Intention	Torpoint Saltash
Sunday 12th July *Fifteenth Sunday in Ordinary Time* *Sea Sunday*	9.00am 11.00am	Celebrants Intention Celebrants Intention	Sclerder Liskeard Live Streamed

Liskeard Church: Open every Wednesday, Thursday and Friday. 9am – 1pm. Feel free to come and Pray.

As We Have Started Receiving In Both Kinds, Please Read The Points Raised :

- **Refrain** from Taking from the Chalice if you are unwell.
- **Do not** insert the Sacred Specie of the Body of Christ into the Chalice.
- **Please** consume the Sacred Body of Christ before the Priest, **before leaving the Altar**.
- **Do not** go for lighting of candles during communion to give people space to move due to Health And Safety. Please Light Candles Before Mass Or After Mass. Thank you, Fr Cyriacus.

Summer Fayre: Thankyou for all the organisers and volunteers who helped at the Summer Fayre. Also to all that kindly donated to the Stalls and Raffle. It was a wonderful day with lots of visitors. We raised an amazing **£1234.** Well done!! *Fr Cyriacus*.

Second Collection: There will be a second collection next weekend of the **11th/12th July** for **Sea Sunday**. For seafarers, fishers and their families, and to support the work of Stella Maris. Thank you for your ongoing support.

Caring for The Church Liskeard: (1st Tuesday of each month) The next date is **Tuesday 7th July** at **2:30pm.** Come and join in to help clean and maintain our beautiful Church. Tea/coffee provided after. New people always welcome. Any queries contact: **Vez 07803 352725** or **Dave 07515 126903.** Thank you.

RCIA: Will commence in **September 2026**. If you are interested or would like to join, please contact the Parish office for a form. Thank you *Fr Cyriacus*.

Plymouth Diocese Trust - Registered Charity Number 213227

FIRST READING – FROM THE PROPHET ZECHARIAH. 9:9-10

'Behold, your king is coming to you, humble.'

Thus says the Lord:
Rejoice greatly, O daughter of Sion!
Shout aloud, O daughter of Jerusalem!
Behold, your king is coming to you;
righteous and having salvation is he,
humble and mounted on a donkey,
on a colt, the foal of a donkey.

I will cut off the chariot from Ephraim
and the war horse from Jerusalem;
and the battle bow shall be cut off,
and he shall speak peace to the nations;
his rule shall be from sea to sea,
and from the River to the ends of the earth.

RESPONSORIAL PSALM. Ps 145(144):1-2. 8-9. 10-11. 13c-14. ℟ cf. 1

"I will bless your name for ever, my God and king "

SECOND READING - A READING FROM THE LETTER OF ST PAUL TO THE ROMANS. 8:9, 11-13

'If by the Spirit you put to death the deeds of the body, you will live.'

Brothers and Sisters: You are not in the flesh but in the Spirit, if in fact the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ Jesus from the dead will also give life to your mortal bodies through his Spirit who dwells in you. So then, brothers and sisters, we are debtors, not to the flesh, to live according to the flesh. For if you live according to the flesh you will die, but if by the Spirit you put to death the deeds of the body, you will live.

THE HOLY GOSPEL – ACCORDING TO MATTHEW. 11:25-30

'I am gentle and lowly in heart.'

At that time Jesus declared, 'I thank you, Father, Lord of heaven and earth, that you have hidden these things from the wise and understanding and revealed them to little children; yes, Father, for such was your gracious will. All things have been handed over to me by my Father, and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him. Come to me, all who labour and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.'

THE CREED

"I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven, **(BOW)**
and by the Holy Spirit was incarnate of the Virgin Mary, and became man.
For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.
I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son,
who with the Father and the Son is adored and glorified,
who has spoken through the prophets.
I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins, and I look forward to the resurrection of the dead
and the life of the world to come."
Amen.

Plymouth Diocese Trust - Registered Charity Number 213227

Prayer Before Holy Communion

Dear Lord, may I receive you in this communion
With open arms,
And a loving, contrite heart,
So that I may be filled with Your grace,
For my good and Your glory!
Amen.

Reconciliation
Usually Available After Each
Weekday Mass And
By Pre-Arranged Appointment.
Please Contact Fr Cyriacus

Prayer After Holy Communion

ANIMA CHRISTI SANTIFICA MAE

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O Good Jesus, hear me.
Within your Wounds hide me.
Permit me not to be separated from you.
From the malignant enemy, defend me.
At the hour of my death, call me and bid me to come to you.
That with your saints I may praise you
Forever and ever.
Amen.

- St. Ignatius of Loyola

Saltash Prayer Group: We will meet this coming **Thursday 9th July at 1.15pm** at Michael Forde's Home: 54, Berry Park, Saltash, PL12 6EN. The aim of the group is to grow in the spirit and become more aware of God in our lives. All are very welcome to come.

CAFOD-DEC Venezuela Earthquake Appeal: You can help our neighbours affected by the 24 June earthquakes in Venezuela with emergency shelter, water and food. CAFOD is already working with local Church partners to support people who have lost their homes, but we need your support to help more survivors. Your donation will provide essential supplies and help families rebuild their lives. Donate to the **CAFOD-DEC Venezuela Earthquake Appeal today:** cafod.org.uk/Venezuela or call: 0300 999 0030 or scan the QR code.

Please keep our neighbours in Venezuela in your prayers. A link to Bishop Chris Hudson
Bishop Hudson expresses solidarity with Venezuela - Catholic Bishops' Conference

Sclerder Foodbank: Thankyou everyone who donated an amazing **57.2 kilos** of food last month. They were particularly thrilled as the Supermarket's collections had been small. The next foodbank collection is on **Sunday 5th July**. There are shopping bags available in the Church entrance behind the door, please help yourselves. **Priority items required :** Fruit Juice, Hot Dogs, Shower Gel, Squash, Tinned Curry, Tinned Meat, Tinned Tomatoes, Pasta Sauces, Tinned Chilli, Tinned Fruit, Tinned Meatballs. Tinned Soup, Tomato Ketchup, Deodorant Men/Women & Tea/Coffee. *Thank you Beverley.*

Summer Event at Sclerder Abbey: On **Sunday 2nd August at 1.00pm-4.30pm**.
The Summer Event will be held in the beautiful grounds of Sclerder Abbey and Our lady of Light. Guided tours of the Abbey will be available (donation) and there will be lots of stalls and fun activities for children, refreshments including cream teas, plus grand hamper raffle. We are asking for volunteers to help with stalls/activities/various tasks. We need donations for the various hampers. Preloved gifts and goods, cakes and bakes, anything that will sell. More volunteers are needed for various tasks, including help to set up on the Saturday and take down after the Summer Event on Sunday. Lists will be in the Church entrance at Sclerder for Parishioners to see what is required. Lists will be going up in the other 3 Churches soon. Tickets are available to buy soon. We will be needing a co-ordinator in each church to circulate these lists, please sign up to help make this event a huge success. Please speak to Fr Cyriacus if you would like to be a co-ordinator.

Plymouth Diocese Trust - Registered Charity Number 213227

Your Penny Can Help: Please we need your help and support for the repair of our Parish Church in Liskeard. We have received a grant of **£56,000**. We still need around **£46,000**. Any amount of donation can help. You could write a cheque to the Parish to support this campaign. You can also use the Card Machine. No amount is too small. Your £1 pound can make a difference. Please help if you can. **Thank You** for all that have donated already! *Fr Cyriacus*.

UP-COMING EVENTS

Coffee Morning: In memory of *Conchita Dunn* to raise funds for Cornwall Hospice and Cancer Lifeline Southwest, **10.30am - 12.30pm** on **Wednesday 8th July at: 2, Tor View, Hunter's Oak, St Dominick PL12 6SS**.

Eucharistic Congress: We are planning a day-return coach for the **Eucharistic Congress** in London on **Saturday 10th October**. It would leave Plymouth at **5am** and pick up at Exeter Services - and possibly Taunton or Wincanton. We have **32** places left. If you would like to go please contact: Fr Chris - Parishes of St Joseph & St Walburga and Our Lady of Fatima, Poole (01202) 746539 www.catholicparkstone.org

CONTACT INFORMATION

Church of Our Lady of the Angels, Bishops Close Saltash PL12 6HQ
Church of Our Lady of Light , Sclerder Abbey, Looe PL13 2JD
Church of St Joan of Arc, Moor View, Torpoint PL11 2LH
Church of Our Lady and St Neot, 2 West Street Liskeard PL14 6BW

Parish Priest: Fr Cyriacus Uzochukwu – **01579 344906**
cyriacus.uzochukwu@prcdtr.org.uk

Parish Secretary: Mrs Melanie Turner
Parish Email: saltash@prcdtr.org.uk
The Parish Office Saltash Telephone Number - 01752 466450
Parish Office Opening Times: Wednesdays and Fridays 10.00am – 3.00pm. (Available During Office Opening Times)
Parish Website: www.liskeardcatholicchurch.org
Facebook: http://facebook.com/parishofourladyoftheangels

TO MAKE A DONATION

Standing Order

Saltash Parish Bank Account Details:

Account Name: **PRCDTR Saltash RC Parish**
Sort Code: **53-70-17**
Account Number: **05338034**

To Make A Donation

Please Use Our QR

All Donations Can Be Gift Aided – Please Use The Forms At The Back Of The Church.

Pastoral Visits: The Pastoral Visits & Home to Home Visitation is still ongoing. Those who have put down their names will soon be contacted to arrange a suitable time to visit. *Fr Cyriacus.*

Please Pray for those in the Parish who are Sick, Housebound, or in need of Prayer:
Pam Kelly, Dottie Hall, Mrs Mary Bradley, Mrs Brenda Hobbs & Mrs Mary Curtis.

Plymouth Diocese Trust - Registered Charity Number 213227